



# MEMBER WORKBOOK



---

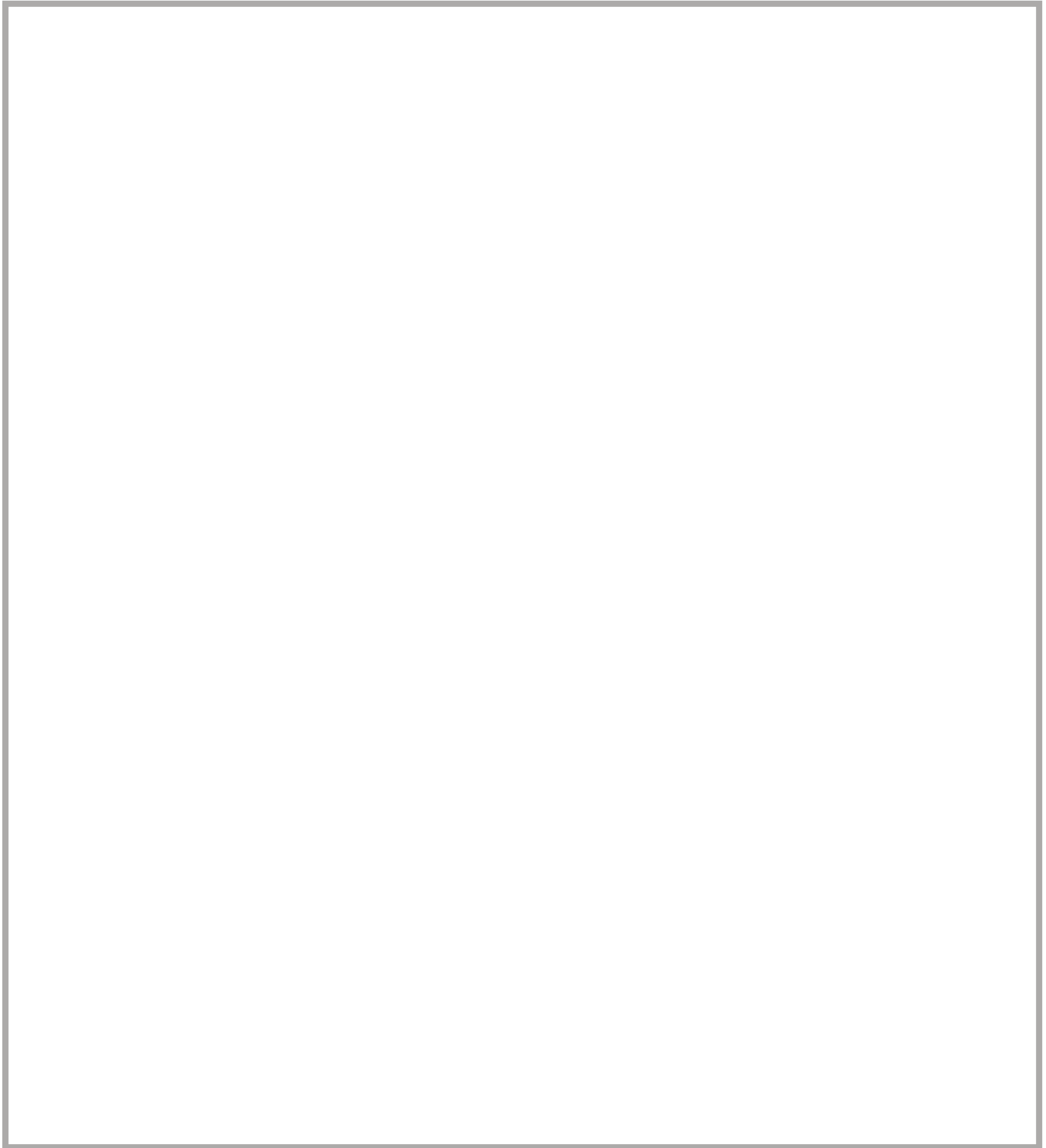
## 2024 Goal Planning

powered by the **Music Interval Theory Academy**

# YOUR BIG VISION

---

**What is your big vision for this year?** What are your musical goals and dreams, and how do you envision yourself in your ideal future? Don't hold back, dream big, and define your north star as detailed as possible.



# YOUR ZONE

---

**Which of your MITA activities did you enjoy the most last year?** Which ones do you want to do more often or even try for the first time this year?

- Studying the Composition Course
- Studying the Orchestration Concepts
- Going through various Spotlight Courses
- Getting inspired by the Quick Wins
- Reading/working through the Ebooks
- Reading/working through the Articles
- Taking part in the Workshops
- Practicing the Instruments Materials
- Studying other Members' Works
- Watching replays of Live Compositions
- Listening to Talks & Interviews
- Taking part in Co-Working Sessions
- Challenges in Composition/Orchestration
- The Community Forum (incl. the FB group)
- Composing original Music

Other:



# YOUR GOALS

---

Now that you know your BIG VISION and ZONE, let's define two concrete (and realistic) goals for the new year.

## **What is your primary goal?**

(And what needs to happen for you to achieve that goal?)

## **What is your secondary goal?**

(And again, what needs to happen for you to achieve that goal?)

**Note:** When setting goals, it's best practice to use the "SMART" approach. (SMART = specific, measurable, achievable, relevant, and time-bound). Go through all five adjectives and make sure that your goal is aligned with all of them.



# YOUR ACTION STEPS

---

**What action steps are required to reach your goals?** Identify the steps necessary and break them down into small, doable pieces that you can spread and achieve over the year.

Month	Goal	Action Steps
Jan		
Feb		
Mar		
Apr		
May		
Jun		
Jul		
Aug		
Sep		
Oct		
Nov		
Dec		



# YOUR SKILLS

---

**What skills do you want to focus on and sharpen in this year?** It's best to dedicate a bit of time every month to work on just one particular skill. You might want to add this one skill to the "action steps" field.

- Gathering materials and getting inspired
- Sketching out musical ideas
- Developing and applying the orchestration
- Generally working faster and more efficiently
- Building the business around the art/music
- Music production (DAW, mixing, mastering)
- Getting better on/learning an instrument
- A more efficient time-management

Other:

**Note:** If you share your filled-out guide with us, we can help you even better. The information you provide will be processed anonymously and help us build the Academy even more member-centric. Please send your filled-out PDF via email to [office@musicintervaltheory.academy](mailto:office@musicintervaltheory.academy)

Best always and thanks for being an awesome part of the MITAnation,  
TC & Frank

