Music Interval Theory Academy

The Ultimate Content Collection

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Last updated: **Jul 5, 2024**

Spotlight Courses

For more details about our Spotlight Courses, please visit this page. On that page, you'll also discover video excerpts and audio examples.

Name	Status	No. of Lessons	Total Video Length
1-Minute Music Theory	online	19	19min.
Interval Theory Basic Course	online	9	2h 40min.
Negative Harmony I	online	9	1h 12min.
Negative Harmony II	in development	7	n/a
Negative Harmony III	not started yet	n/a	n/a
How We Hear – Ear Training	in development	n/a	n/a

Spotlight Classes

Name	Status	Total Video Length
Efficiency Booster - The 3-Step Process	online	1h 20min.
Deep Dives	online	on-going
Smart Musical Storytelling	online	1h 46min.
Intervallic Thinking - Getting Inspired	online	4h 53min.
Position Change - Advanced Concepts	online	52min.
Scaling - Major and Minor Triads	online	32min.
Counterpoint - Structured Line Writing	online	60min.
Emotional Storytelling - Using 1+1	online	39min.
The OTS Modes I - Theory & The Application	online	2h 7min.
The OTS Modes II - Polytonality & Pivot Points	online	2h 6min.
String Theory I - Composing with Lines	online	3h 1min.
String Theory II - Applied to the OTS Modes	online	1h 8min.
Polytonality - Combined with 3+3	online	41min.
Interval Resolution In Sequence (IRIS)	in development	n/a

Interval Theory Composition Course

The MITA Composition Course stands as the most detailed and extensive program on Interval Theory. Within this course, we guide you through everything essential to unlock your true potential as a composer and music creator.

Please note that with your membership (whether monthly or yearly), you'll automatically receive 100 coins on every 1st of the month. These coins accumulate on your account and can be used to unlock lessons from the Interval Theory Composition Course, with each lesson requiring 100 coins.

The lifetime option to MITA skips the coins and gives you direct access to all lessons from the Interval Theory Composition Course. You can read more about coins on this page.

Please find more information about the Composition Course on this page.

Lesson No.	Subject	Status	Total Video Length
#1	Plainsong (1p) – Horizontal Writing	online	1h 48min.
#2	Plainsong (2p) – Counterpoint	online	1h 25min.
#3	Plainsong (4p) – Advanced Counterpoint	online	1h 18min.
#4	Chaging Scales (horizontally)	online	1h 59min.
#5	Combining Scales (vertically)	online	1h 30min.
#6	The Concept of 1, 4 and 5	online	1h 53min.
#7	Triads (Applied Interval Theory)	online	1h 56min.
#8	Extended Roots & Outside Intervals	online	1h 19min.
#9	The Matrix of Triads	online	1h 57min.
#10	Major and Minor 7th Chords (3p)	online	1h 30min.
#11	Minor Natural 7th Chords (3p)	online	1h 34min.
#12	Dominant 7th Chords (3p)	online	1h 47min.
#13	The Matrix of Triads with 3+3	online	1h 46min.
#14	7th Chords (4p)	online	1h 53min.
#15	6/4 – Basics	online	1h 52min.
#16	Bass Movement I – Walking Bass Lines	online	1h 53min.
#17	Bass Movement II – Bass Displacement	online	1h 44min.
#18	Bass Movement III - Coordination	online	1h 47min.
#19	6/4 – Reverse	online	1h 49min.

#20	6/4 – Scale Pairs & Reflection	online	1h 39min.
#21	9th Chords – 3p & 4p	online	1h 58min.
#22	9th Chords – 6/4 & Resolution	online	1h 36min.
#23	9th Chords – Pulsation (Advanced Concepts)	online	1h 50min.
#24	Expansion & Contraction I	online	2h 4min.
#25	Expansion & Contraction II	online	1h 26min.
#26	Expansion & Contraction III	online	2h 22min.
#27	11th Chords – 3p	online	1h 30min.
#28	11th Chords – 4p	online	1h 47min.
#29	13th Chords – 3p	online	1h 42min.
#30	13th Chords – 4p	online	1h 35min.
#31	Pentatonic I – Scales	online	1h 4min.
#32	Pentatonic II – Chords	online	1h 31min.
#33	The Matrices of The Intervals – 3p – I	online	1h 15min.
#34	The Matrices of The Intervals – 3p – II	online	1h 28min.
#35	TNO 1 – Part1	online	1h 12min.
#36	TNO 1 – Part2	online	1h 13min.
#37	TNO 1+1	online	1h 42min.
#38	TNO 2	online	1h 15min.
#39	TNO 2+1 & 1+2	online	1h 12min.
#40	TNO 2+2	online	1h 18min.
#41	Polytonality I – Major & Minor	online	1h 45min.
#42	Polytonality II – Bitonality	online	1h 6min.
#43	TNO 3	online	1h 17min.
#44	TNO 3+1 & 1+3	in development	
#45	TNO 3+2 & 2+3	in development	
#46	TNO 3+3	in development	
#47	TNO 4	in development	
#48	TNO 4+1 & 1+4	in development	
#49	TNO 4+2 & 2+4	in development	
#50	TNO 4+3 & 3+4	in development	
#51	TNO 4+4	in development	
#52	TNO 5	in development	
#53	TNO 5+1 & 1+5	in development	
#54	TNO 5+2 & 2+5	in development	
#55	String Theory	in development	
#56	The Creative Pool	in development	

Orchestration Concepts

Attain transparent and beautiful results by following a clear methodology, leveraging your current knowledge. Become a faster and more efficient orchestrator. Gain insights into the hierarchy of musical elements, streamlining the process of solving the big puzzle.

Ultimately, foster confidence in your decision-making and eliminate the guesswork when it comes to the orchestration. For more details about the Orchestration Concepts, please visit this page.

Module 1 - Instrumentation

Name	Status	Total Video Length
1.1 – The Strings Section	online	28min.
1.2 – The Woodwinds Section	online	25min.
1.3 – The Brass Section	online	32min.
1.4 – Keys & Percussion	online	25min.
Example – A Lonely Clarinet Serenade	online	25min.

Module 2 - Functions

Name	Status	Total Video Length
2.1 – Functions	online	51min.
Example – M.O.M. Is Calling	online	51min.
Example – The first French Lydian-Locrian Connections	online	39min.
Example – John The Composer	online	1h 4min.

Module 3 - Contrast

Name	Status	Total Video Length
3.1 – Horizontal Contrast	online	1h 13min.
3.2 – Vertical Contrast	online	1h 3min.
3.3 – Checklist for Contrast	online	n/a
3.4 – Solving the Puzzle	online	n/a
Example – Triadic Power	online	1h 2min.

Module 4 – Concepts of DBL

Name	Status	Total Video Length
4.1 – Vertical Stability	online	1h 5min.
4.2 – Natural EQing	online	37min.
4.3 – Transient Shaping	online	43min.
4.4 – DBL for Coloring & Power	online	46min.
4.5 – Building to a Climax	online	50min.
Examples & Musical Demonstrations	online	44min.

Module 5 – Section Development

Name	Status	Total Video Length
5.1 – Complete your Sections	online	29min.
5.2 A – Example – Developing the Idea	online	24min.
5.2 B – Example – Using the RCs	online	22min.
5.2 C – Example – Combining the Functions	online	26min.
5.2 D – Example – Reducing the Options	online	23min.
5.3 – Adding more Sections	online	22min.
5.3 A – Example – Example – One Instrument At a Time	online	37min.
5.3 B – Example – Sweetening with Woodwinds	online	17min.
5.3 C – Example – Distributing the Energy (Functions)	online	7min.
5.4 – The Sketch	online	11min.
5.4 A – Example – A New Day for Little Joey	online	11min.
5.4 B – Example – A Middle Day for Normal Joey	online	14min.
5.4 C – Example – An Old Day for Big Joey	online	17min.
5.5 – From the Sketch to Full Orchestra	online	14min.

E-Books

Explore a profound exploration of specific subjects with the Academy E-Books, providing an excellent opportunity to delve deep. The PDF documents, MP3 audio files, and videos enhance your understanding of musical connections. These E-Books seamlessly integrate with the application, elegantly complementing the Spotlight Courses.

Name	Status	No. of Pages	Total Video Length
The Overtone Series	online	28	1h 13min.
Negative Harmony	online	38	1h 4min.
Root Cycles I – Basics	online	36	46min.
Root Cycles II – Advanced Concepts	not started yet	--	--
The Creative Compass	online	81	n/a

Workshops

It's hands-on time! Let's apply your recently acquired interval theory knowledge in action. In this section, we compose real music using a transparent process and methodology. Step by step, we guide you on how to reach the final result. A clear strategy is crucial, enabling you to reproduce and even scale up your musical outcomes! Let's dive into it right away!

Name	Status	Duration (days)	Total Video Length
Horizontal Harmony	online	4	1h 22min.
Composition From Scratch	online	5	3h 4min.
Portals	online	5	3h 33min.
Line Writing For Woodwinds	in development	--	--

Live Compositions

At times, the most enriching learning experiences come from observing someone else in action. Join us in the studio and peek over our shoulders as we put Interval Theory into practice. The live composition sessions are incredibly substantial, revealing the entire process from the blank page to the finished product. There's no safety net and no second chance - it's the real deal.

Name	Status	Total Video Length
Pentatonic – Space Between Times	online	8h 32min.
String Theory – Not Goodbye	online	5h 18min.
4+1 – 4 Plus 1 Gypsies	online	7h 24min.
4+2 – Fo(u)r Dreams T(w)o Come True	online	2h 48min.
Let's Write A Song	in progress	1h 23min.
Matrix Application	in progress	3h 24min.

Application Courses For Instruments

This segment is the ideal space for all musicians and those eager to delve deeper into playing or learning an instrument. The materials below not only refine your playing chops but also facilitate grasping the concepts of Interval Theory and getting them 'under your fingers' in the most practical way!

Name	Status	No. of Lessons	Total Video Length
Soprano Ukulele – Basics	online	39	53min.
Baritone Ukulele – Basics	online	33	44min.
Blues Guitar – Basics	online	127	2h 17min.
Did You Know Guitar Series	online	50	1h 43min.
Guitar Wins	online	10	41min.
Baroque Guitar	in development	27	1h 1min.
Polytonal Exercises for Piano	in development	27	n/a
Scale Pairs & Scale Sequencing	not started yet	n/a	n/a

Application Classes for Instruments

Name	Status	Total Video Length
[Basic Polytonal Scales for the Guitar](#)	online	1h 2min.
[Power Pentatonic for the Guitar](#)	online	1h 59min.
TNO 1 – Guitar Application	in development	1h 39min.
TNO 1+2 – Guitar Application	in development	n/a
Lydian Exercise and Piano Fingerings	in development	n/a

Talks & Interviews

We hope you relish our talks with various industry experts. The content of these sessions spans from working in the music industry and social branding to insights into copyright law. Our guest speakers are leading experts in their field and don't hold back with practical advice.

Name	Status	Total Video Length
[Ethnic Sounds & Rhythms – Chuck Jonkey](#)	online	1h 14min.
[The Music Modernization Act – Dr. Allen Hyman](#)	online	1h 25min.
[The Music Business – Doug Frank](#)	online	2h 42min.
[Branding & Social Media – Scott Page](#)	online	1h 4min.
[Interview – Dr. Allen Hyman](#)	online	41min.
[Interview – Rick Baptist](#)	online	57min.
[Interview – Bryan Smith](#)	online	32min.
[Interview – Shaughn Kennedy](#)	online	18min.
[Interview – Chuck Jonkey](#)	online	16min.
[Interview – Ron Myrick](#)	online	31min.
[Interview – Mike Post](#)	online	30min.
[Interview – Doug Frank](#)	online	22min.
[Interview – Mark Watters](#)	online	23min.
[Interview – Miguel Coiz](#)	online	21min.
[Interview – Nathanael Iversen](#)	online	1h 5min.
[Interview – John Isley](#)	online	18min.

Technology

Pencil and paper remain highly efficient tools for composers. However, music production now embraces a plethora of software and technology, including digital audio workstations (DAW), sample libraries, and notation software. We're excited to share some of our best practices with you to enhance your efficiency with technology.

Tutorials – Inside the DAW

Name	Status	Study Time
Creating a More Expensive Drum Sound	online	~ 20 min.
Designing Punchy Drums	online	~ 15 min.
Acoustic Drums MIDI Programming	online	~ 20 min.
Producing Rock Guitars	online	~ 20 min.
MIDI Editing – Shaping a MIDI note	online	~ 15 min.
Opening up Dull Strings	online	~ 10 min.

Audio Production & Notation

Name	Status	Total Video Length
Mixing Session – "A Man With A Plan ..."	online	31 min.
Logic Pro X – 70 Tips & Tricks	online	1h 41 min.
Note Performer 3 – Better Performances	online	1h 38 min.

Custom Sample Libraries & Mixing Tools

Name	Status	Download Size
MITA Sketching Piano	online	1 GB
Hammered Acoustic Guitar v1.5	online	2.5 GB
E-Ukulele (VIP)	online	1.6 GB
Snaps & Claps	online	224 MB
Harmonics	online	765 MB
Sub	online	25 MB
Music Box	online	397 MB