



MEMBER WORKBOOK

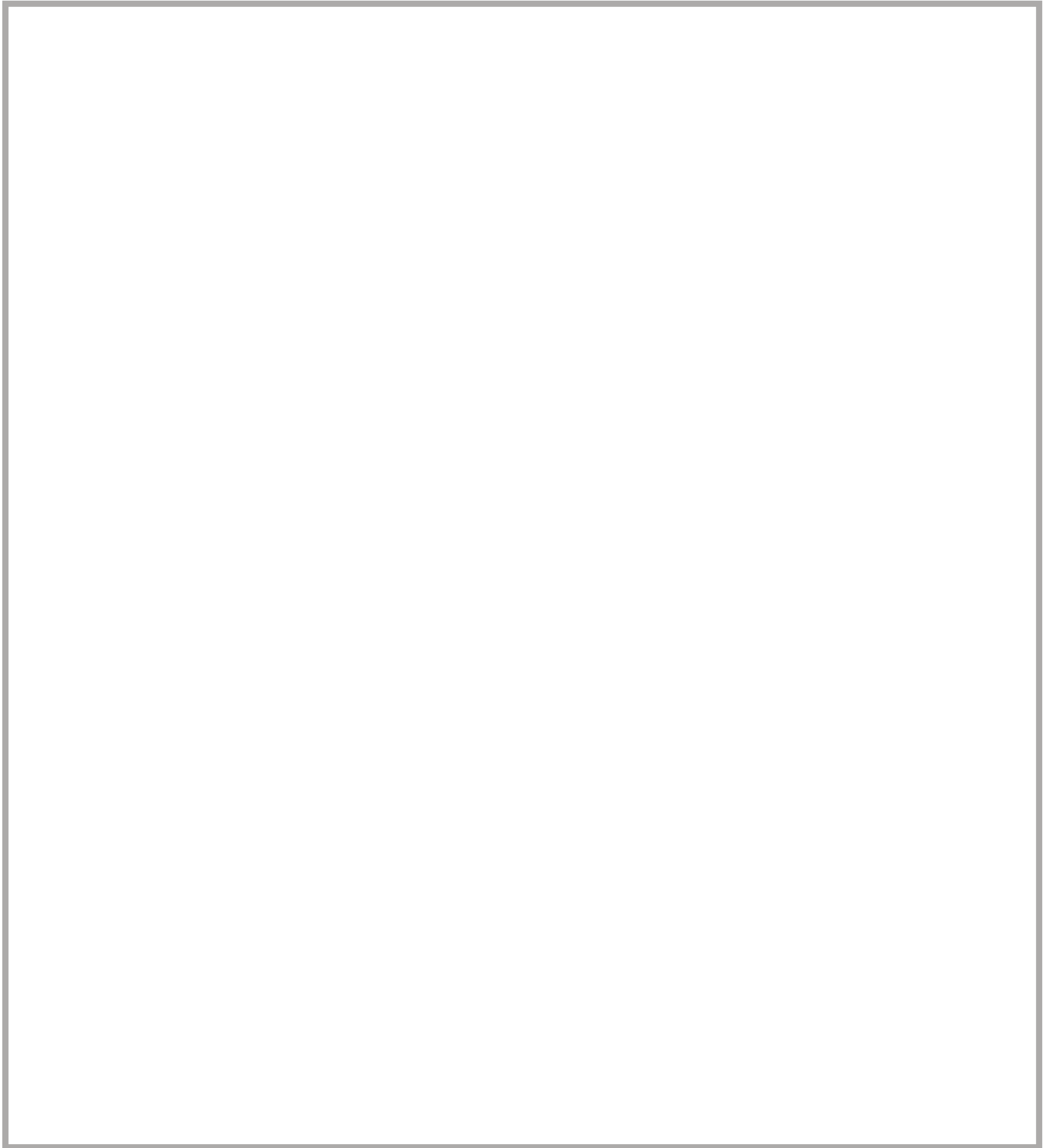


2023 Goal Planning

powered by the **Music Interval Theory Academy**

YOUR BIG VISION

What is your big vision for 2023? What are your musical goals/dreams, and how do you envision yourself in your ideal future? Don't hold back, dream big, and define your north star as detailed as possible.

A large, empty rectangular box with a thin grey border, intended for the user to write their big vision for 2023.

YOUR ZONE

Which of your MITA activities did you enjoy the most last year? Which ones do you want to do more often or even try for the first time in 2023?

- Studying the Composition Course
- Studying the Orchestration Concepts
- Going through various Spotlight Courses
- Getting inspired by the Quick Wins
- Reading/working through the Ebooks
- Reading/working through the Articles
- Taking part in the Workshops
- Practicing the Instruments Materials
- Studying other Members' Works
- Watching replays of Live Compositions
- Listening to Talks & Interviews
- Taking part in Co-Working Sessions
- Challenges in Composition/Orchestration
- The Community Forum (incl. the FB group)
- Composing original Music

- Other:



YOUR GOALS

Now that you know your BIG VISION and ZONE, let's define two concrete (and realistic) goals for the year 2023.

What is your primary goal for 2023?

(And what needs to happen for you to achieve that goal?)

What is your secondary goal for 2023?

(And again, what needs to happen for you to achieve that goal?)

Note: When setting goals, it's best practice to use the "SMART" approach. (SMART = specific, measurable, achievable, relevant, and time-bound). Go through all five adjectives and make sure that your goal is aligned with all of them.



YOUR ACTION STEPS

What action steps are required to reach your goals? Identify the steps necessary and break them down into small, doable pieces that you can spread and achieve over the year.

Month	Goal	Action Steps
Jan		
Feb		
Mar		
Apr		
May		
Jun		
Jul		
Aug		
Sep		
Oct		
Nov		
Dec		



YOUR SKILLS

What skills do you want to focus on and sharpen in 2023? It's best to dedicate a bit of time every month to work on just one particular skill. You might want to add this one skill to the "action steps" field.

- Gathering materials and getting inspired
- Sketching out musical ideas
- Developing and applying the orchestration
- Generally working faster and more efficiently
- Building the business around the art/music
- Music production (DAW, mixing, mastering)
- Getting better on/learning an instrument
- A more efficient time-management

Other:

Note: If you share your filled-out guide with us, we can help you even better. The information you provide will be processed anonymously and help us build the Academy even more member-centric. Please send your filled-out PDF via email to office@musicintervaltheory.academy

Best always, and to the New Year 2023!
TC & Frank

